



## WISE - NUTRITION INFORMATION PER SERVING

	BRANDS	KOSHER STATUS	SERVING SIZE	CALORIES	CALORIES FROM FAT	TOTAL FAT		SAT. FAT		TRANS FAT	CHOLESTEROL		SODIUM		TOTAL CARB.		DIETARY FIBER		SUGARS	PROTEIN	% Daily Values**			
						g	% DV	g	%	g	mg	% DV	mg	%	g	%	g	%			g	g	VIT A	VIT C
<b>SNACK FOODS</b>																								
<b>POTATO CHIPS</b>																								
Potato Chips (flat cut)	Wise	OU Pareve	1 oz (28g)	150	90	10	15	3	15	0	0	0	160	8	14	5	1	4	0	2	0	10	0	2
Unsalted Potato Chips	Wise	OU Pareve	1 oz (28g)	150	90	10	15	3	15	0	0	0	0	0	14	5	1	4	0	2	0	10	0	2
Lightly Salted Potato Chips	Wise	OU Pareve	1 oz (28g)	150	90	10	15	3	15	0	0	0	80	3	14	5	1	4	0	2	0	10	0	2
Reduced Fat Kettle Chips	Wise	OU Pareve	1 oz (28g)	130	50	6	9	1.5	8	0	0	0	160	7	18	6	1	4	0	2	0	10	0	2
Barbecue Flavored Potato Chips	Wise	OU Pareve	1 oz (28g)	150	90	10	15	3	15	0	0	0	210	9	15	5	1	4	<1	2	0	10	0	0
Barbecue Flavored Potato Chips	Moore's	Not Certified	1 oz (28g)	150	90	10	15	3	15	0	0	0	220	9	14	5	1	4	<1	2	0	10	0	2
Honey Barbecue Flavored Potato Chips	Wise	OU Pareve	1 oz (28g)	150	90	10	15	2.5	13	0	0	0	190	8	15	5	1	4	2	1	2	10	0	0
Salt & Vinegar Artificially Flavored Potato Chips	Wise	OU Pareve	1 oz (28g)	150	90	10	15	3	15	0	0	0	290	12	14	5	1	4	0	2	0	10	0	2
Onion & Garlic Flavored Potato Chips	Wise	OU Pareve	1 oz (28g)	150	90	10	15	3	15	0	0	0	310	13	14	5	1	4	<1	2	0	10	0	0
Green Onion Flavored Potato Chips	Moore's	Not Certified	1 oz (28g)	150	90	10	15	3	15	0	0	0	190	8	14	5	1	4	0	2	0	10	0	2
Ridgies (Ridged Cut) Potato Chips	Wise	OU Pareve	1 oz (28g)	150	90	10	15	3	15	0	0	0	160	8	14	5	1	4	0	2	0	10	0	2
Barbecue Flavored Ridgies Potato Chips	Moore's	Not Certified	1 oz (28g)	150	90	10	15	3	15	0	0	0	220	9	14	5	1	4	<1	2	0	10	0	2
Cheddar & Sour Cream Flavored Ridgies Potato Chips	Wise	OU Pareve	1 oz (28g)	150	80	9	14	2.5	13	0	0	0	190	8	15	5	1	4	1	2	0	10	0	2
Sour Cream & Onion Flavored Ridgies Potato Chips	Wise	OU Pareve	1 oz (28g)	150	90	10	15	2	10	0	0	0	220	9	14	5	1	4	1	2	0	10	0	2
Sour Cream & Onion Flavored Ridgies Potato Chips	Moore's	Not Certified	1 oz (28g)	150	90	10	15	3	15	0	0	0	210	9	14	5	1	4	0	2	0	8	0	0
Wise Wavy Potato Chips	Wise	OU Pareve	1 oz (28g)	150	90	10	15	3	15	0	0	0	160	8	14	5	1	4	0	2	0	10	0	2
Wise Kettle Cooked Potato Chips	Wise	OU Pareve	1 oz (28g)	150	80	9	14	2.5	13	0	0	0	170	7	15	5	1	4	0	2	0	10	0	2
Wise Jalapeno Flavored Kettle Cooked Potato Chips	Wise	OU Pareve	1 oz (28g)	140	70	8	12	2.5	13	0	0	0	210	9	16	5	1	4	0	2	0	10	0	2
New York Deli Kettle Cooked Potato Chips	New York Deli	OU Pareve	1 oz (28g)	150	80	9	14	2.5	13	0	0	0	170	7	15	5	1	4	0	2	0	10	0	2
New York Deli Jalapeno Flavored Kettle Cooked Potato Chips	New York Deli	OU Pareve	1 oz (28g)	140	70	8	12	2.5	13	0	0	0	210	9	16	5	1	4	0	2	0	10	0	2
<b>CHEESE FLAVORED CORN SNACKS</b>																								
Puffed Cheez Doodles	Wise	Not Kosher	1 oz (28g)	150	70	8	12	2	10	0	0	0	320	15	16	6	0	0	2	2	0	0	15	0
White Cheddar Puffed Cheez Doodles	Wise	Not Kosher	1 oz (28g)	150	80	9	14	2.5	13	0	<5	1	290	12	15	5	0	0	1	2	0	0	10	6
Doodle O's	Wise	Not Kosher	1 oz (28g)	160	100	11	17	3	15	0	<5	1	310	13	14	5	0	0	2	2	0	0	15	0
Crunchy Cheez Doodles	Wise	Not Kosher	1 oz (28g)	150	80	9	14	2.5	13	0	0	0	220	9	17	6	0	0	1	1	0	0	15	0
Reduced Fat Crunchy Cheez Doodles	Wise	Not Kosher	1 oz (28g)	130	45	5	8	1.5	8	0	<5	1	220	9	20	7	<1	2	2	2	2	0	15	6
<b>CORN CHIPS</b>																								
Dipsy Doodles Rippled Corn Chips	Wise	OU Pareve	1 oz (28g)	160	90	10	15	2.5	13	0	0	0	180	8	16	5	1	4	0	1	0	0	2	2
BBQ Flavored Dipsy Doodles Rippled Corn Chips	Wise	OU Pareve	1 oz (28g)	160	90	10	15	2.5	13	0	0	0	250	10	16	5	1	4	1	1	0	0	2	0
Corn Chips	Wise	OU Pareve	1 oz (28g)	160	90	10	15	2.5	13	0	0	0	180	8	16	5	1	4	0	1	0	0	2	2
Corn Chips	Moore's	Not Certified	1 oz (28g)	160	90	10	15	2.5	13	0	0	0	180	8	16	5	1	4	0	1	0	0	2	2
BBQ Flavored Corn Chips	Wise	OU Pareve	1 oz (28g)	160	90	10	15	2.5	13	0	0	0	210	9	16	5	1	4	<1	1	0	0	2	2
BBQ Flavored Corn Chips	Moore's	Not Certified	1 oz (28g)	160	90	10	15	2.5	13	0	0	0	250	9	16	5	1	4	<1	1	0	0	2	2
Nacho Twisters	Wise	OU Pareve	1 oz (28g)	160	100	11	17	3	15	0	0	0	250	10	14	5	1	4	1	2	0	0	4	2
<b>POPCORN-FLAVORED</b>																								
Butter Flavored Popcorn	Wise	Not Kosher	1 oz (28g)	150	90	10	15	2	10	0	0	0	280	12	14	5	3	12	0	1	30	0	0	2
Reduced Fat Butter Flavored Popcorn	Wise	Not Kosher	1 oz (28g)	140	45	5	8	1	5	0	0	0	160	7	22	7	3	12	0	3	6	0	0	2
Reduced Fat White Cheddar Cheese Popcorn	Wise	Not Kosher	1 oz (28g)	140	50	6	9	1	5	0	<5	1	250	10	18	6	3	12	1	3	0	0	2	4
White Cheddar Cheese Popcorn	Wise	Not Kosher	1 oz (28g)	150	90	10	15	2.5	13	0	5	2	400	17	13	4	2	8	2	3	0	0	4	2
Hot Cheese Popcorn	Wise	Not Kosher	1 oz (28g)	150	90	10	15	2	10	0	<5	1	280	12	14	5	2	8	3	2	0	0	2	2
<b>TORTILLA CHIPS</b>																								
Nacho Cheese Flavored Tortilla Chips	Bravos!	Not Kosher	1 oz (28g)	150	70	8	12	2	10	0	0	0	180	8	17	6	1	4	<1	2	0	2	4	2
White Round Tortilla Chips	Wise	OU Pareve	1 oz (28g)	150	70	8	12	2	10	0	0	0	80	3	18	6	1	4	0	2	0	0	2	2
Restaurant Style Tortilla Chips (White Corn)	Bravos!	OU Pareve	1 oz (28g)	150	70	8	12	2	10	0	0	0	80	3	18	6	1	4	0	2	0	0	2	2
Peppercorn Ranch Flavored Tortilla Chips	Bravos!	OU Pareve	1 oz (28g)	140	60	7	11	2	10	0	0	0	220	9	18	6	2	8	1	2	0	0	4	2
Sweet Pepper Flavored Tortilla Chips	Bravos!	OU Pareve	1 oz (28g)	140	60	7	11	2	10	0	0	0	180	8	18	6	2	8	2	2	4	0	2	2
<b>ONION RINGS</b>																								
Onion Flavored Rings	Wise	OU Pareve	1 oz (28g)	140	50	6	9	1.5	8	0	0	0	420	18	20	7	0	0	0	0	0	0	2	2
<b>PRETZELS</b>																								
Mini Pretzels (Low Fat)	Quintan	OU Pareve	1 oz (28g)	110	10	1	2	0	0	0	0	0	420	18	23	8	<1	3	<1	2	0	0	0	6
Pretzel Thins (Low Fat)	Quintan	OU Pareve	1 oz (28g)	110	10	1	2	0	0	0	0	0	550	23	23	8	<1	3	<1	2	0	0	0	6
Butter Flavored Braided Twists (Low Fat)	Quintan	OU Pareve	1 oz (28g)	110	10	1	2	0	0	0	0	0	240	10	23	8	1	4	1	3	0	0	0	6
Honey Wheat Braided Twists (Low Fat)	Quintan	OU Pareve	1 oz (28g)	110	10	1	2	0	0	0	0	0	200	8	24	8	1	4	3	2	0	0	0	6
<b>PORK RINDS</b>																								
Original Pork Rinds	Wise	Not Kosher	15g	80	45	5	8	1.5	8	0	20	7	300	13	0	0	0	0	0	8*	0	0	0	0
Sweet & Mild BBQ Flavored Pork Rinds	Wise	Not Kosher	15g	90	50	6	9	2	10	0	15	5	270	11	1	0	0	0	1	8*	0	0	0	0
Hot & Spicy BBQ Pork Rinds	Wise	Not Kosher	15g	70	40	4.5	7	1.5	8	0	20	7	430	18	<1	0	0	0	0	8*	2	0	0	0
<b>CHEESE WAFFLES</b>																								
	Wise	Not Kosher	1 oz (28g)	140	70	8	12	5	25	0	<5	1	380	16	15	5	0	0	4	2	0	0	6	2
<b>DIPS</b>																								
Mild Salsa	Bravos!	Not Kosher	30 grams	10	0	0	0	0	0	0	0	0	180	8	2	1	0	0	1	1	2	2	0	0
Medium Salsa	Bravos!	Not Kosher	30 grams	10	0	0	0	0	0	0	0	0	180	8	2	1	0	0	1	1	2	2	0	0
Hot Salsa	Bravos!	Not Kosher	30 grams	10	0	0	0	0	0	0	0	0	180	8	2	1	0	0	1	1	2	2	0	0
Nacho Cheese	Wise	Not Kosher	31 grams	50	40	4.5	7	1	5	1.5	0	0	250	10	3	1	0	0	1	1	0	0	2	0
French Onion	Wise	Not Kosher	30 grams	60	45	5	8	0	0	0	0	0	220	9	3	1	0	0	0	1	0	0	4	0
<b>DIP MIXES</b>																								
Green Onion	Wise	Not Kosher	1.8 grams	5	***	0	0	***	***	***</														